

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER

August 2016

Lunch menus include 8oz 1% Milk & 4oz Juice

Menus shown for Friday & Saturday are for Meals-On-Wheels Clients

NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY

Week 2 Monday 8/01	Tuesday 8/02	Wednesday 8/03	Thursday 8/04	Friday 8/05 MOW ONLY	Saturday 8/06 MOW ONLY
Lunch w/ DJ Chuckie Chicken & Broccoli Au Gratin Casserole Rice Pilaf Fresh Orange W.W. Bread w/ Marg. Juice/Milk	Spaghetti & Meatballs w/ Tomato Sauce (3) Garden Salad w/ Dressing Aplesauce Garlic Bread Juice/Milk	Open Face Hot Roast Beef & Gravy Sandwich on W.W. Bread Brussels Sprouts Mini Oven Roasted Potatoes Mandarin Oranges Juice/Milk	Chicken Salad on Croissant Cucumber & Onion Salad 4- Bean Salad Fruit Jello Juice/Milk	Baked Chicken Legs Sweet Potatoes Steamed Cauliflower Fruit Cocktail W.W. Bread w/ Marg. Juice/Milk	Veal Steak Pattie w/ Mushroom Gravy Buttered Pasta Sugar Snap Peas Pineapple W.W. Bread w/ Marg. Juice/Milk
Week 3 Monday 8/08	Tuesday 8/09	Wednesday 8/10	Thursday 8/11	Friday 8/12 MOW ONLY	Saturday 8/13 MOW ONLY
Beef Hot Dog on Bun Baked Beans Steamed Spinach Pound Cake & Peaches Juice/Milk	Laurie Toms & Company Roast Turkey & Gravy Mashed Potatoes Peas Melon Cup W.W. Bread w/ Marg. Juice/Milk	Baked Rockfish Stewed Tomatoes Green Lima Beans Diced Pears W.W. Bread w/ Marg. Juice/Milk	Grilled Hamburger on Bun Oven Baked Potato Wedges Summer Vegetable Blend Low Fat Sugar Free Ice Cream Juice/Milk	Baked Lasagna Green Beans Hot Cinnamon Apple Sauce Garlic Toast Juice/Milk	Chicken & Dumplings Peas and Carrots Fresh Banana W.W. Bread w/ Marg. Juice/Milk
Week 4 Monday 8/15	Tuesday 8/16	Wednesday 8/17	Thursday 8/18	Friday 8/19 MOW ONLY	Saturday 8/20 MOW ONLY
Lunch w/ Chuck Fisher Shepherd's Pie Mashed Potatoes Mixed Vegetables Pineapple Chunks W.W. Bread w/ Marg. Juice/Milk	Mini Cold Cut on Sub Roll Low Salt Ham & Turkey, American Cheese Tomato Slices (3) Low Salt Potato Chips Fruit Cocktail Juice/Milk	Oven Fried Chicken Potato Salad Cole Slaw Apricots W.W. Bread w/ Marg. Juice/Milk	Baked Batter Fish Sandwich on Bun Homestyle Baked Beans Steamed Broccoli Apple Crisp Juice/Milk	Pepper Steak Steamed White Rice Mixed Vegetables Fruit Jello W.W. Bread w/ Marg. Juice/Milk	Oven Baked Chicken Tenders (3-4) Carrott Casserole Buttered Pasta Raisins W.W. Bread w/ Marg. Juice/Milk
Week 1 Monday 8/22	Tuesday 8/23	Wednesday 8/24	Thursday 8/25	Friday 8/26 MOW ONLY	Saturday 8/27 MOW ONLY
Golden Chicken Patty on Bun Au Gratin Potatoes Mixed Vegetables Peaches Juice/Milk	BBQ Pork Chops Rice Pilaf Green Beans Banana Juice/Milk	Chicken Caesar Salad Tomato Wedges (3) & Dressing Macaroni Salad Mandarin Oranges W.W. Crackers (6) Juice/Milk	Meat Loaf Mashed Potatoes Glazed Carrots Citrus Fruit W.W. Bread w/ Marg. Juice/Milk	Baked Fish Stewed Tomatoes Macaroni & Cheese Fresh Apple W.W. Roll w/ Marg. Juice/Milk	Green Lima Bean Tomato Soup Turkey Sandwich on W.W. Bread Fresh Melon Cup Juice/Milk

Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.

Week 2 Monday 8/29	Tuesday 8/30	Wednesday 8/31	Thursday 9/01	Friday 9/02 MOW ONLY	Saturday 9/03 MOW ONLY
Chicken & Broccoli Au Gratin Casserole Rice Pilaf Fresh Orange W.W. Bread w/ Marg. Juice/Milk	Lunch w/ Shelley Abbott Spaghetti & Meatballs w/ Tomato Sauce (3) Garden Salad w/ Dressing Aplesauce Garlic Bread Juice/Milk	Open Face Hot Roast Beef & Gravy Sandwich on W.W. Bread Brussels Sprouts Mini Oven Roasted Potatoes Mandarin Oranges Juice/Milk	Chicken Salad on Croissant Cucumber & Onion Salad 4- Bean Salad Fruit Jello Juice/Milk	Baked Chicken Legs Sweet Potatoes Steamed Cauliflower Fruit Cocktail W.W. Bread w/ Marg. Juice/Milk	Veal Steak Pattie w/ Mushroom Gravy Buttered Pasta Sugar Snap Peas Pineapple W.W. Bread w/ Marg. Juice/Milk